

WASHINGTON TRACK AND FIELD

June 7, 2010

//For Immediate Release//

Contact: Michael Bruscas

NCAA Track Championships At Hand For Top Dawgs

Five seniors out of UW's 11 qualifiers will wrap their careers this week at Hayward Field.

ON THE TRACK: The 2010 track and field season culminates with the NCAA Championships this week in Eugene, Oregon. Eleven Husky athletes remain standing after the long season and challenging qualifying process, and will now vie for national titles and All-America honors this Wednesday through Saturday at Oregon's Hayward Field.

Action begins this Wednesday, June 9, and continues on until Saturday, June 12. The NCAA meet technically began back on May 27 with the preliminary rounds in Austin, Texas. Twelve athletes from that West Region meet and 12 from the East now meet up in Eugene to form the final 24-person fields in each event. Every running event shorter than 5,000-meters will have a semifinal round and a final round on separate days, while the 5k and 10k runs are straight finals. All field event competitions will be finished in one day with trials and finals back-to-back.

The Husky men are ranked a season-high 18th and will be looking for a fifth-consecutive Top-25 finish at the outdoor meet, something that has not happened since a six-year run from 1974-79. The men will be doing most of their work in the field with three throwers, two vaulters, a decathlete, and just one sprinter competing on the track.

Contrary to the men, the women's team will all be on the oval, as four Husky All-Americans will look to run their way to history. The women have had four Top-25 finishes in the past six years, after going 15 years without a Top-25 finish prior to 2004.

Wednesday's first day of competition will be light for the Huskies, with just two competitors. Freshman **James Alaka**, seeded 12th in the 100-meter dash, will make his NCAA debut with a semifinal run. The London, England native posted his best wind-legal time of the year on the Hayward Field track back in April at the Pepsi Team Invite. He'll be the first Husky running the 100-meters at nationals since Ja'Warren hooker in 2000.

From a rookie to a veteran, Wednesday closes with the final Husky race for **Anita Campbell**, who has qualified for the NCAA Outdoor Championships all four years of her career. It will be her 10th NCAA appearance overall, including four in cross country and one in indoor track. Campbell was third in the 10,000-meters at NCAAAs last year but has been battling injury this season. She still had a large enough reserve of determination to advance through Austin to end her All-America career with a final 10k at nationals.

Things pick up quickly on Thursday, starting with day one of the decathlon for sophomore **Jeremy Taiwo**. Seeded 10th, Taiwo's last decathlon was nearly a month ago at Pac-10s, where he set a big PR with 7,521 points to take second behind NCAA favorite Ashton Eaton of Oregon. Taiwo qualified for NCAAAs as a freshman but was unable to compete due to injury.

Thursday will also show whether or not junior **Scott Roth** can make it a clean sweep of the NCAA pole vault titles, following his win at the indoor meet. He is seeded third, and was runner-up outdoors last year. Joining Roth for his first NCAA Championship meet is senior **Ryan Vu**, who has the most momentum of his career after a surprise Pac-10 Championships win and impressive qualifying efforts in Austin. This is the second-straight year UW has two vaulters at NCAAAs as Roth and Jared O'Connor both made the finals last year.

Washington will also look to do some damage in the men's javelin on Thursday, where All-American **Kyle Nielsen** and freshman **Joe Zimmerman** join forces to go after the title. Nielsen was sixth a year ago and is seeded third in the field, while Zimmerman has PR'd at his last two meets, taking second overall at West Prelims and could certainly join Nielsen in contention for a spot high up on the podium. Only UW, Oregon, BYU, and McNeese State have multiple javelin entries.

The track highlights Thursday include semifinal runs for standouts **Katie Follett** and **Mel Lawrence**. Follett, a seven-time All-American competing in her ninth-straight NCAA Championship meet, has the top-time this year in the 1,500-meters. She will need to advance through the semis to take a shot at her first NCAA title. The Fort Collins, Colo. native was second in the mile run at NCAA Indoors, and despite reaching this meet the past two years, she will be looking to cap her career with her first outdoor All-America honor.

Lawrence has continued to progress after being forced into an unwanted six-week layoff during the middle of the outdoor season due to a torn hip flexor. The Pac-10 record-holder in the steeplechase has been working to get back to the form that saw her place third at NCAAAs a year ago as just a redshirt freshman. She had the seventh-fastest Regional time and was one of the only women to run a season-best in Austin. Still just a sophomore outdoors, Lawrence is now running at her sixth-consecutive NCAA meet counting cross country, indoor and outdoor track, and she will be looking for her fifth All-America honor.

HUSKY TRACK SCHEDULE

Indoor

Date	Meet	Location
Jan. 16	UW Indoor Preview	Seattle
Jan. 29-30	UW Invitational	Seattle
Feb. 12-13	The Husky Classic	Seattle
Feb. 14	UW Indoor Open	Seattle
Feb. 19	Vandal Collegiate	Moscow, Idaho
Feb. 26-27	MPSF Championships	Seattle
Mar. 6	UW Final Qualifier	Seattle
Mar. 12-13	NCAA Championships	Fayetteville, Ark.

Outdoor

Date	Meet	Location
Mar. 26-27	Stanford Invitational	Palo Alto, Calif.
Apr. 1-3	Texas Relays	Austin, Texas
Apr. 10	Pepsi Team Invitational	Eugene, Ore.
Apr. 15-17	Mt. SAC Relays	Walnut, Calif.
Apr. 22-24	Brutus Hamilton Invite	Berkeley, Calif.
Apr. 22-24	Penn Relays	Philadelphia, Penn.
May 1	at Washington State	Pullman, Wash.
May 8	Ken Shannon Invitational	Seattle
May 8-9	Pac-10 Multi-Events	Berkeley, Calif.
May 15-16	Pac-10 Championships	Berkeley, Calif.
May 27-29	NCAA Preliminary Rounds	Austin, Texas
June 9-12	NCAA Championships	Eugene, Ore.

Bold font indicates Husky home meet, at either Dempsey Indoor (indoor) or Husky Stadium (outdoor).

2010 USTFCCA Week 9 Outdoor Rankings

Men			Women		
1	Texas A&M	322.96	1	Texas A&M	354.36
2	Florida	321.48	2	Oregon	343.79
3	Oregon	297.00	3	LSU	312.35
4	LSU	247.54	4	Florida State	178.66
5	Texas Tech	195.40	5	Penn State	175.22
6	Arizona State	195.00	6	Oklahoma	171.65
7	USC	190.61	7	Florida	167.72
8	Florida State	177.00	8	Clemson	162.18
9	Mississippi State	164.03	9	Arkansas	157.85
10	Stanford	161.49	10	Virginia Tech	144.31
11	Oklahoma	140.81	11	Auburn	143.48
12	South Carolina	135.87	12	UTEP	139.86
13	BYU	128.11	13	Miami (Fla.)	134.10
14	Auburn	127.76	14	Texas Tech	131.46
15	Virginia Tech	126.76	15	Arizona	126.60
16	Nebraska	124.51	16	S. Illinois	116.04
17	Kansas	121.19	17	Texas	112.80
18	WASHINGTON	114.80	18	BYU	110.50
19	Mississippi	112.95	19	Iowa State	107.57
20	Georgia	93.07	20	Tennessee	105.22
21	Texas	88.63	21	USC	95.19
22	Penn State	88.10	22	Kansas	93.00
23	Baylor	82.04	23	Indiana	92.82
24	Kentucky	80.89	24	Illinois	88.70
25	Missouri	75.21	25	North Carolina	84.83

HUSKY TRACK QUICK FACTS

University of Washington
Athletic Department, Box 354070
Seattle, WA 98195-4070

Enrollment:..... 42,000 (31,400 undergraduate)
Founded:..... Nov. 4, 1861
President:..... TBA
Director of Athletics:..... Scott Woodward
Nickname:..... Huskies
Colors:..... Purple and Gold
Home Facility:..... Dempsey Indoor/Husky Stadium
Press Row Phone:..... (206) 714-5556
Conference:..... Pacific-10 (Outdoor) / MPSF (Indoor)
Head Coach:..... Greg Metcalf (8th year)
Asst. Coach (Vault/Jumps):..... Pat Licari (13th year)
Asst. Coach (Throws):..... Reedus Thurmond (5th year)
Asst. Coach (Sprints/Hurdles/Relays):..... Raul Sheen (2nd year)
Asst. Coach (Distances):..... Jason Drake (1st year)
Asst. Coach (Multis):..... Audra Smith (1st year)

Website: www.GoHuskies.com

2010 Men's NCAA Indoor Finish:..... t20th
2010 Men's Pac-10 Finish:..... 6th
2009 Men's NCAA Finish (Outdoor/Indoor):..... t20th / t33rd
Best Men's Pac-10 Finish:..... 2nd (1976)
Best Men's NCAA Finish:..... 2nd (1929, 1930)
Men's 2009 NCAA Competitors Returning:..... Seven
Jeff Gudaitis - 400m, 4x100m
Kenjamine Jackson - 4x100m
Zack Midles - Hammer
Kyle Nielsen - Javelin
Scott Roth - Pole Vault
Jake Schmitt - 5000m (i), 10000m
Jeremy Taiwo - Heptathlon (i)

2010 Women's NCAA Indoor Finish:..... t28th
2010 Women's Pac-10:..... 9th
2009 Women's NCAA Finish (Outdoor/Indoor):..... 19th / t35th
Best Women's Pac-10 Finish:..... 4th (1995, '96, '98)
Best Women's NCAA Finish:..... 10th (1988)
Women's 2009 NCAA Competitors Returning:..... Nine
Falesha Ankton - DMR (i)
Christine Babcock - DMR (i), 1500m
Elisa Bryant - Weight (i), Hammer
Anita Campbell - 5000m (i), 10000m
Kailey Campbell - DMR (i), 1500m
Katie Follett - 3000m (i), DMR (i), 5000m
Mel Lawrence - 3000m (i), Steeplechase
Kelly McNamee - High Jump (i)
Brooke Pighin - Javelin

Husky Athletic Communications

Michael Bruscas, Track and Field SID

E-mail: mbruscas@u.washington.edu

Office Phone: (206) 543-2230 / **Fax:** (206) 543-5000

Mobile Phone: (206) 714-5556

More Thursday action sees the semifinal round in the women's 100-meter hurdles, where senior **Falesha Ankton** will look to qualify for her first career NCAA finals outdoors. Ankton last made the NCAA final site in the hurdles in 2008 in Des Moines, Iowa. She grabbed the final qualifying spot in the West with a big PR of 13.37 seconds, the second-best time in UW history. Last but not least on Thursday is another semifinal heat for Alaka, this time at 200-meters.

On Friday, Taiwo will conclude the decathlon and should Alaka have advanced, the men's 100-meter dash final is set for 5:25 p.m. The only Husky making their debut on Friday is senior **Zack Midles**, yet another asset to the program competing for the final time this week. Midles is coming off a new career-best hammer throw of 212-7 that put him fifth at West Regionals. He was 13th at NCAAAs a year ago, earning All-America honors, but now the goal is to get into the final and score in the top-eight in his final meet.

The season ends Saturday with finals in the women's 1,500-meters and 3,000-meter steeplechase, as well as the women's 100-meter hurdles and men's 200-meter dash.

COVERAGE: GoHuskies.com will provide photos and video highlights throughout the week as well as periodic updates during the day on the main Husky track page. NCAA.com will provide a free live video stream of all portions of the NCAA Championships that are not on live television. Those televised portions include Friday's action from 5-7 p.m. Pacific time on CBS College Sports, and on Saturday from 10 a.m. until 12 noon Pacific on CBS.

HOW WE GOT HERE: The NCAA field is a bit smaller in most events than in past years, as the qualifying format was altered this season. Everyone except multi-event athletes had to go through either Austin, Texas or Greensboro, North Carolina to reach Eugene. The western half of the country was in Austin, with 48 athletes in each individual event. Through one or two rounds of qualifying, that number was cut down to 12 remaining competitors, combining with 12 from the east to make exactly 24 in every event in Oregon. So essentially the NCAA Championships began last week and now simply continues with later rounds.

EVENT SCHEDULE: Following is the schedule in Eugene for the Husky athletes competing in the NCAA Championships. All times are Pacific.

Wednesday, June 9

5:45 p.m. - Men's 100-meters; Semifinals (James Alaka)
7:15 p.m. - Women's 10,000-meters; Final (Anita Campbell)

Thursday, June 10

10:00 a.m. - Decathlon 100-meters, Long Jump, Shot Put, High Jump, 400-meters; (Jeremy Taiwo)
4:00 p.m. - Men's Pole Vault; Final (Scott Roth and Ryan Vu)
4:15 p.m. - Men's 200-meters; Semifinals (James Alaka)
5:00 p.m. - Women's 1,500-meters; Semifinals (Katie Follett)
5:15 p.m. - Men's Javelin; Trials & Final (Kyle Nielsen and Joe Zimmerman)
5:55 p.m. - Women's 100-meter Hurdles; Semifinals (Falesha Ankton)
6:15 p.m. - Women's 3,000-meter Steeplechase; Semifinals (Mel Lawrence)

Friday, June 11

10:00 a.m. - Decathlon 110-meter Hurdles, Discus, Pole Vault, Javelin, 1,500-meters; (Jeremy Taiwo)
4:00 p.m. - Men's Hammer; Trials & Final (Zack Midles)
5:25 p.m. - Men's 100-meters; Final (James Alaka)

Saturday, June 12

10:18 a.m. - Women's 1,500-meters; Final (Katie Follett)
10:49 a.m. - Men's 200-meters; Final (James Alaka)
10:54 a.m. - Women's 3,000-meter Steeplechase; Final (Mel Lawrence)
11:09 a.m. - Women's 100-meter Hurdles; Final (Falesha Ankton)

HUSKIES IN THE RANKINGS: The Husky men climbed to a new season-high in the USTFCCCA Week 9 rankings to 18th, up two spots from the previous period. Washington received a boost in the latest number crunching after their top-ranked athletes all survived the West Regional prelims, as well as receiving boosts from three PRs in Austin. James Alaka improved his 200m standing with a 20.71 season-best, Zack Midles threw a career-best 212-7, and Joe Zimmerman went 235-3 in the javelin to move up. The Husky women currently come in at No. 41, up one place from the previous week. Looking at the individual rankings, senior Katie Follett is the NCAA leader at 1,500-meters after her school-record 4:10.66 from the Mt. SAC Relays. The men have a pair in the top-three in their respective events, as junior Kyle Nielsen is third in the javelin at 247-1 and junior Scott Roth is third in the pole vault with a best clearance of 18-0 1/2. Also ranking in the top-10 out of the remaining competitors is senior Ryan Vu at ninth in the pole vault at 17-7 3/4 and sophomore Jeremy Taiwo, 10th in the decathlon with a score of 7,521.

TEN HUSKIES NAVIGATE MASSIVE AUSTIN FIELDS: The entire western half of the country corralled their best athletes in Austin, Texas at the end of May for the preliminary rounds of the NCAA Championships. Washington took 29 athletes to the huge three-day meet, 10 of which advanced on to the final site in Eugene. On the first day it wasn't long before Washington had its first two NCAA qualifiers. Freshman Joe Zimmerman took second in the javelin with a new PR of 235-3, and junior Kyle Nielsen was close behind in fourth at 229-7. Freshman Jimmy Brookman also made the final, taking 16th despite coming in seeded just 30th. Closing out the first day was senior Anita Campbell, who extended her Husky career for another 10,000-meters, as she placed 11th in 34:39.60, to earn her fourth NCAA Outdoor bid. In the men's 10k, senior Jake Schmitt was 19th and senior Alec Bronka was 34th in their final Husky runs. The next day was the strongest for UW. Senior Ryan Vu and junior Scott Roth both advanced in the pole vault, clearing a combined six bars on just seven attempts. Roth was a perfect two-for-two, tying for first with a clearance of 17-4 1/2. Freshman James Alaka joined the party soon after, qualifying eighth in the 100-meter dash, UW's first NCAA participant in the 100 since Ja'Warren Hooker 10 years earlier. Outside the track, hammer throwers Zack Midles and Angus Taylor were busy tossing PRs. Midles easily qualified with a new career-best of 212-7, extending the senior's career to another nationals. Taylor was just one spot and one foot short of advancing, as he placed 13th, but the sophomore had several PRs on the day, topping out at 201-feet. He had been seeded just 27th. Finally, sophomore Mel Lawrence punched her ticket in the steeplechase, running the night's seventh-best time of 10:16.32. Highlighting the final day were the efforts of seniors Falesha Ankton and Katie Follett. Ankton grabbed the final spot in the 100-meter hurdles with the best race of her career, as she clocked 13.37 to make Eugene. Follett, among the favorites, led her quarterfinal heat from the start and cruised to third in 4:19.36. Alaka increased his workload by also advancing in the 200-meter dash in a season-best 20.71 seconds. That came after he helped the 4x100m relay to a great time of 40.14 seconds, nearly half a second under their previous best. Sam Rucker, Alaka, Colton Dunn, and Ryan Hamilton, were the 24th and final team in to Austin, but wound up 15th. Also surprising was sophomore Max O'Donoghue-McDonald, who took 21st in the 5k after coming ranked 47th. UW did take a couple hits when senior Kailey Campbell in the 1,500m and junior Colton Tully-Doyle in the 5,000m were both tripped and knocked down and were unable to finish. Both were running well and had great shots to move on.

PAC-10 CHAMPIONSHIPS KICK OFF POSTSEASON: Washington began the postseason with a trip down to Berkeley for the Pac-10 Championships on May 15-16. The first day was highlighted by a surprise victory for senior Ryan Vu, who upset his own teammate to win the men's pole vault. Vu progressed at Pac-10s from a no-height effort as a freshman, to 14th as a sophomore, 8th as a junior, and finally champion his senior season. Vu cleared a new PR of 17-7 3/4 on his third attempt to get the win and defending champion and teammate Scott Roth took third. That would be the only win for the Huskies over the weekend, but they had multiple podium finishes. Senior Katie Follett barely missed a three-peat in the women's 1,500-meters, as she took second by .04 seconds to Oregon's Zoe Buckman, closing hard down the stretch and nearly making up a sizeable gap. Washington excelled in the javelin as Brooke Pighin took second on the women's side with a mark of 160-11, then the men combined for 11 points with a third-place finish by Kyle Nielsen (239-7), a fifth-place effort for Joe Zimmerman (233-5) and an eighth-place finish for Jimmy Brookman (213-3). Senior Zack Midles finished third in the men's hammer for a third-straight year, and sophomore Mel Lawrence also placed third in her first steeplechase of the year. Freshman James Alaka had a pair of third-place finishes in the 100- and 200-meter dashes, scoring 12 points in his first Pac-10s. Senior Falesha Ankton ran a 100m hurdles PR and took fifth, while Dominique Lauderdale became the first UW woman to make the 100-meter final in three years, taking sixth overall. Also turning in strong runs was Anita Campbell (4th in the 10k), Colton Tully-Doyle (6th in the 5k), and Kailey Campbell (5th in the 1,500m). Jeremy Taiwo also gave the men a big lift heading into the meet as he was the Pac-10 decathlon runner-up with a PR of 7,521 points, then also placed fifth in the 100m hurdles. Overall the men wound up sixth with 68 points, beating out Washington State, Cal, Arizona, and Oregon State. It matched their best finish since 2006. The women however took ninth, ahead of only the Beavers.

FOLLETT ADDED TO BOWERMAN AWARD WATCH LIST: Husky senior Katie Follett was added to The Bowerman women's watch list The Bowerman Women's Watch Committee announced on May 5. The award honors the top male and female athletes in collegiate track and field. Follett currently leads the NCAA in the 1,500-meters with a time of 4:10.66. The Bowerman is in its second year of existence and is awarded each year to the top male and female collegiate athletes in the sport, similar to college football's Heisman Trophy. The Fort Collins, Colo. native is the first Husky ever on the watch list, just another in a long line of "firsts" for Follett, who ran to the school-record in the 1,500-meters in a win at the Mt. SAC Relays on April 17. Her time is the best in Division I by over two seconds and is the sixth-best by an American this year. She earned Pac-10 Athlete of the Week honors for the performance. Earlier this season Follett posted her best NCAA finish as she placed second in the mile run at the NCAA Indoor Championships, earning the seventh All-America honor of her track and cross country career. She broke the UW mile record indoors as well, running 4:34.98, and was named West Region Track Athlete of the Year by the U.S. Track & Field and Cross Country Coaches Association (USTFCCA). Follett's career accomplishments have been unprecedented at Washington. She is the first woman ever to earn three All-America honors in cross country, and set a record with four All-America awards in indoor track, giving her seven

2010 HUSKY OUTDOOR STATISTICAL LEADERS

Women

100m Dash	Dominique Lauderdale	11.77
200m Dash	Dominique Lauderdale	24.62
400m Dash	Jordan Carlson	55.96
800m Run	Nikki Codd	2:07.60
1,500m Run	Katie Follett	4:10.66
3,000m Steeple	Mel Lawrence	10:16.32
5,000m Run	Anita Campbell	16:17.85
10,000m Run	Anita Campbell	33:44.04
100m Hurdles	Falesha Ankton	13.37
400m Hurdles	Syreeta Martin	1:02.12
4x100m Relay	Ankton/Lauderdale/Carlson/Finley	46.26
4x400m Relay	Ankton/Codd/Finley/Carlson	3:46.35
High Jump	Kelly McNamee	5-5
Pole Vault	Logan Miller	12-6 1/4
Long Jump	Sarah Schireman	18-5 3/4
Triple Jump	Shaniae Lakes	41-0 1/4
Shot Put	Korede Oyetuga	39-10 1/2
Hammer Throw	Korede Oyetuga	147-4
Discus Throw	Korede Oyetuga	144-11
Javelin Throw	Brooke Pighin	167-6
Heptathlon	Sarah Schireman	4,623

Men

100m Dash	James Alaka	10.22w
200m Dash	James Alaka	20.71
400m Dash	Sam Rucker	49.68
800m Run	Ryan Styrk	1:50.95
1,500m Run	Colton Tully-Doyle	3:46.78
3,000m Steeple	David McCary	9:14.24
5,000m Run	Colton Tully-Doyle	13:52.40
10,000m Run	Jake Schmitt	28:56.21
110m Hurdles	Jeremy Taiwo	14.22
400m Hurdles	Dan Sanders	54.35
4x100m Relay	Rucker/Alaka/Dunn/Hamilton	40.14
4x400m Relay	Timpe/Sanders/Miller/Dunn	3:15.67
High Jump	Jeremy Taiwo	6-8
Pole Vault	Scott Roth	18-0 1/2
Long Jump	Julian Bardwell	23-3 1/4
Triple Jump	Clayton Johnson	48-9
Shot Put	Richard Anderson	52-6
Hammer Throw	Zack Midles	212-7
Discus Throw	Peter Follmer	161-4
Javelin Throw	Kyle Nielsen	247-1
Decathlon	Jeremy Taiwo	7,521

2010 Husky NCAA Championship Competitors

Men	Event	2010 Best Mark	NCAA Seeding From Best Mark	Regional Finish	Year	Hometown
James Alaka	100m	10.22w	12th	8th	Fr.	London, England
	200m	20.71	18th	8th		
Falesha Ankton (1)	100m Hurdles	13.37	24th	12th	Sr.	Benicia, Calif.
Anita Campbell (2)	10,000m	33:44.04	13th	11th	Sr.	Vancouver, B.C.
Katie Follett (7)	1,500m	4:10.66	1st	6th	Sr.	Fort Collins, Colo.
Mel Lawrence (3)	Steeplechase	10:16.32	13th	10th	So.	Reno, Nev.
Zack Midles (1)	Hammer	212-7	17th	5th	Sr.	Olympia, Wash.
Kyle Nielsen (1)	Javelin	239-2	3rd	4th	Jr.	Langley, B.C.
Scott Roth (4)	Pole Vault	18-0 1/2	3rd	1st (tie)	Jr.	Granite Bay, Calif.
Jeremy Taiwo (1)	Decathlon	7,521	10th	--	So.	Renton, Wash.
Ryan Vu	Pole Vault	17-7 3/4	9th	4th (tie)	Sr.	Bellevue, Wash.
Joe Zimmerman	Javelin	235-3	11th	2nd	Fr.	Spokane, Wash.

() - Indicates All-American honors won, including cross country

altogether. In 2008, she was the fourth finisher, 26th overall, on UW's NCAA Champion cross country team and was part of UW's historic 1-6 Pac-10 sweep that season as well. She just missed out on a third-straight Pac-10 title at 1,500-meters, coming from behind in Berkeley to fall just short by .04 seconds. Still, her 4:10.66 time ranks fourth in Pac-10 history at 1,500-meters. She ranks in UW's top-10 in seven different events with records in the mile, 1,500-meters, and distance medley relay. Follett successfully moved through two rounds of the 1,500-meters at the Austin NCAA prelims, to earn her third-straight NCAA Outdoor Championships bid. Counting NCAA Cross Country, Indoor Track, and Outdoor Track, Follett has set a new standard of consistency, as her final meet in Eugene will mark her ninth-consecutive NCAA Championship meet, starting with NCAA Cross Country in 2007 her sophomore year.

ROTH AND VU REACH RARE AIR: 2010 is nearly halfway over, and Scott Roth remains the third-ranked American pole vaulter for the year. In a sport that lends itself easily to metaphor, Roth has taken an already impressive career to dizzying new heights this season, winning his first NCAA Championship indoors and leading the U.S. for several months with his mark of 18-9 1/4 that he set in the Dempsey Indoor while winning the MPSF title. Roth came into 2010 with three All-America honors already to his credit. He won his first Pac-10 title with ease last season, and followed with a West Regional victory. Roth then finished as the runner-up at NCAA Outdoors to Jason Colwick of Rice and ended his season placing eighth at the U.S. Championships. Still, that season was essentially a comeback year following a year away from competition to heal a chronic back injury. Now in 2010 with a long stretch of training in the bank, Roth has continued his ascension. He was undefeated during the indoor season, including a win at the National Pole Vault Summit over Colwick. Roth and Colwick figured to battle at NCAA Indoors, and that came to fruition as they traded bars in Fayetteville, Ark. in March. This time around it was Roth who came out on top with a clutch third-attempt clearance of 18-4 1/4 to earn his first NCAA title. It was the fourth title for assistant coach Pat Licari who mentors Roth, as U.S. Olympian Brad Walker won back-to-back indoor vault titles in 2003 and 2004 and Kate Soma was victorious outdoors in 2005. However at this year's Pac-10 Championships, Roth was upended by his own teammate, senior Ryan Vu, who cleared a new PR of 17-7 3/4 on his third attempt to earn the top of the podium, adding his name to UW's growing vault tradition. Vu ranks in the Husky top-10 both indoors and out, but had never broken through to make an NCAA Championship meet. That changed this season, as Roth and Vu both headed to Austin ranked in the top-10 outdoors this season, and each easily cleared the needed 17-4 1/2 to advance. Now the two will both support and challenge each other at NCAAAs in Eugene with another national title up for grabs, Roth among the favorites but Vu a dark horse with all kinds of momentum.

MIDLES AND ANKTON WILL BE TOUGH ACTS TO FOLLOW: At the start of the season, fifth-year seniors Zack Midles and Falesha Ankton were identified as not just leaders of their units, but of the entire track team as a whole. While Midles tosses the hammer and Ankton specializes in the short hurdles, spend thirty seconds around the charismatic pair and it's not hard to see the similarities. Both have picked up All-America honors in their careers, but hope to continue improving up through one final meet this week in Eugene. Midles and Ankton each set new PRs in Austin at the NCAA West Preliminaries to extend their Husky careers for one final trip, on to the NCAA Championship finals at Oregon. The Midles name has been synonymous with the hammer throw, as both his father Dwight at Washington State and older brother Adam at USC were All-Americans. Zack took care of that with a 13th-place NCAA finish in 2009 as the eighth-highest American, but has

his sights set on scoring this year. Midles broke his own year-old PR in Austin, throwing 212-7 to take fifth and advance to his second NCAA finals. Ranking fourth in UW history, Midles also became a Pac-10 All-Academic First Team member this year as he has entered into grad school. Ankton also had unfinished business after a disappointing 2009 and chose to return for her last season outdoors. After missing both the Pac-10 and West Regional finals by one spot in 2009, Ankton rebounded this year taking fifth at the conference meet and then putting it all together in the Austin quarters with a big PR of 13.37 seconds to grab the 12th and final qualifying spot. Ankton almost missed the quarters after hitting a hurdle in the first round, but she refused to let up and pushed hard to the finish to get a time qualifier. This will be Ankton's second trip to the final NCAA site. She reached Des Moines in 2008 but did not advance out of the first round. An All-American in the distance medley relay in 2009, Ankton ranks in UW's Top-10 in nine different events, and is second in school history in the 100-meter hurdles. A double major in political science and law, societies and justice, Ankton recently earned the UW Athletic Scholar award from the Office of Minority Affairs & Diversity. Accomplished on and off the track, quintessential examples of the student-athlete, and vocal leaders that keep the mood light, Midles and Ankton will be a tough twosome to replace.

CANADIANS LEAD JAVELIN CORPS: At the 2009 NCAA Championships, two Husky Canadians became All-Americans, as Kyle Nielsen placed sixth in the men's javelin and Brooke Pighin was seventh on the women's side. The coinciding achievement was no surprise to them as they'd spent the early part of their careers together in British Columbia training side by side with Nielsen's father as coach. An elbow injury hampered Pighin in Regionals and she came up short of a return trip to NCAAAs, but the javelin unit as a whole remains on the rise with a number of talented freshmen in the mix. Joe Zimmerman out of Spokane is one of the top newcomers in the NCAA, and will be heading to Eugene along with Nielsen. Zimmerman has PR'd at each of his two postseason meets thus far, throwing 233-5 at Pac-10s and then went 235-3 on his first throw in Austin to finish second overall. Zimmerman was the Washington State 4A Champion in 2009, and second-place went to Jimmy Brookman of Redmond, who has also thrown 213-feet this season. Brookman made the preliminary finals in Austin, finishing 16th after coming in seeded just 30th. The three combined to score 11 points for the Huskies at the Pac-10 Championships, led by Nielsen's third-place effort behind the two NCAA leaders. Throughout the season, Washington, Oregon, and BYU were the only schools with multiple javelin throwers in the top-20. Nielsen is seeded third overall going to Eugene with a PR of 247-1, and he continues to close in on the school record of 249-6 set by Darryl Roberson back in 1989. Also for the women, freshmen Ally Mueller and Jordin Seekins have both thrown 136-3 this season, which ties for seventh on the UW top-10 list with the new implement.

CAMPBELL AND LAWRENCE LOOKING FOR POSTSEASON PEAK: The top two scorers for the women at last year's NCAA Championships were Anita Campbell and Mel Lawrence. Campbell crossed the line third in the 10,000-meters at NCAAAs in Fayetteville while Lawrence was third in the steeplechase. Both have played huge roles in UW's recent distance dominance, and both have fought through injuries to extend their seasons despite late starts. Anita Campbell won the 2009 Pac-10 Champion at 10,000-meters, winning by over a full minute, earned her first track All-America honor with her third-place effort. Campbell had exhausted her cross country and indoor track eligibility but came back for her final outdoor season. Unfortunately she had some aches and pains over the winter and has been working hard to reach her All-American form

in time to make it to Eugene. Her first 10k since last year's NCAA meet at the Pac-10 Championships in May, where she placed fourth in a time of 33:44.04, just four seconds off her PR. That time sent her on to Austin, where again she hung in with an 11th-place finish to qualify for one more 10k. The Vancouver, B.C. native ranks in UW's top-10 in five events, was a two-time First Team All-Pac-10 runner in cross country and helped lead UW to the 2008 NCAA Cross Country title. Lawrence continues to add to her long list of achievements despite a season splintered in half by injury. Last year at NCAAs, Lawrence broke the Pac-10 record in the steeplechase with a time of 9:40.98. Her fall and indoor seasons were limited due to an achilles injury, and yet Lawrence still managed to earn All-America honors in cross country and in the 3,000-meters indoors. Just when she got back to full strength, she suffered a hip flexor tear that sidelined her for six weeks. Having already used a redshirt season, Lawrence chose to try and work her way back this season on a shortened schedule. The Pac-10 Championships was just her second outing outdoors, and first since April, but Lawrence still battled for third and qualified for NCAA Prelims. In Austin, she was one of the only women to run a season-best in the heat, advancing in a time of 10:16.32. There's no denying that with all the time missed, Lawrence's fitness level is not where it was when she broke the Pac-10 record, but her determination remains at 100%, and she'll see how far that carries her in Eugene. This will mark the sixth-straight NCAA Championship meet for the Reno native, as she has run at cross country, indoor and outdoor track each of the past two years. Lawrence and Amanda Miller (2005-08) are the only Huskies ever to earn All-America honors in cross country, indoor track, and outdoor track.

FOLLETT AND PIGHIN TAKE PAC-10 WEEKLY AWARDS: A pair of Husky All-Americans have added Pac-10 Athlete of the Week honors to their long list of achievements this season. Brooke Pighin earned the honor for the week of April 5-11 and Katie Follett was named AOW for April 12-18. Pighin is the first women's thrower to earn the award since three-time Olympian Aretha (Hill) Thurmond. Pighin took the javelin title at the Pepsi Team Invitational April 10. She threw a season-best 166-feet, 10-inches, and no other competitor from Oregon, Texas A&M, or Missouri was within 10 feet of her winning mark, which came on her second attempt. Follett won the Mt. SAC Relays 1,500-meter invitational on Friday April 16 in a school-record time of 4:10.66. Follett lowered her already-impressive personal-best by more than four seconds in what turned into a duel with fellow Seattle-resident Jessica Pixler of Seattle Pacific. Pixler led for most of the race, before Follett passed her on the inside down the homestretch for the victory. Follett's time was the fastest

by an American woman this year, and the second-fastest mark in the world. She took the NCAA lead by more than two seconds. The Fort Collins, Colorado native moved past UW legends such as Regina Joyce (PR of 4:12.84) and 2006 NCAA Champion Amy Lia (4:14.63), and broke the record of 4:10.93 held by 2003 grad Courtney Inman.

NEW DAWGS MOVE INTO THE DEMPSEY: Washington's freshman class has provided a huge lift in a number of critical areas throughout both the indoor and outdoor seasons. London's James Alaka has made the biggest splash, as he has already staked his claim as UW's best short sprinter since 10-time All-American Ja'Warren Hooker. Alaka racked up 12 points on his own at his first Pac-10 Championships, taking third in both the 100- and 200-meters. His 10.32 100-meter season-best is fifth in school history, and he has also posted a wind-aided 10.22 that ranks him fifth in West. Alaka advanced in both short sprints to the NCAA Championships in Eugene, becoming the first Husky male to do so since Hooker. Joe Zimmerman is also heading to the NCAA finals in Eugene in the javelin, as he ranks 11th in the nation with a season-best of 235-3, set in a runner-up finish at the NCAA West Prelims. Close behind is Jimmy Brookman, who has tossed the spear 213-3 and took 16th at Regionals. Zimmerman and Brookman went 1-2 at the Washington state meet as seniors. Shanae Lakes of Richland, Wash. has immediately given the Huskies a boost in the triple jump, where she broke the freshman record with a mark of 41-0 1/4 that ranks third in school history and qualified her for the Regional meet. Newcomer Julian Bardwell has been the team's best long jumper outdoors, measuring 23-3 1/4. Illinoisian Lindsay Flanagan, the only freshman to run in UW's top-seven during the fall, took ninth in the 5k at MPSFs, running a time of 16:48.71 that ranks seventh in school history and then PR'd outdoors with a time of 16:38.21 that got her to NCAA Prelims. Flanagan also competed on the U.S. Junior Team at the NACAC Cross Country Championships in Tobago, finishing sixth overall and third among Team USA. Justine Johnson of British Columbia is coming off a breakthrough Pac-10 meet, where she cut seven seconds off her PR to run 4:24.57 and reach the final while punching her ticket to Austin. Johnson also came up less than a second shy of an NCAA Provisional mark in the mile indoors, as she ran 4:47.90 at the UW Final Qualifier. Newcomer Sarah Schireman of Everett has shown a ton of talent in the multis, and turned in the eighth-best heptathlon in school history at Pac-10s, scoring 4,623 points for ninth. Logan Miller of Reno, Nev. vaulted her way into the UW top-10 list indoors and out with a clearance of 12-9 1/2 at the UW Indoor Open and 12-6 1/4 outdoors at Pac-10s where she tied for eighth. A former 2A state champion, Shayne

2010 UPDATES TO UW'S ALL-TIME OUTDOOR TRACK AND FIELD TOP-10 LISTS

Men					Women				
Name	Event	Mark	All-Time UW Rank	School Record	Name	Event	Mark	All-Time UW Rank	School Record
Colton Tully-Doyle	5,000m	13:52.40	2nd	13:40.61	Katie Follett	1,500m	4:10.66	1st	Same
Kyle Nielsen	Javelin	247-1	2nd	249-6	Falesha Ankton	100m Hurdles	13.37	2nd	12.99
Zack Midles	Hammer	212-7	4th	238-7	Shanae Lakes	Triple Jump	41-0 1/4	3rd	41-7 3/4
Jeremy Taiwo	Decathlon	7,521	4th	8,322	Dominique Lauderdale	100m	11.77	4th	11.47
James Alaka	100m	10.32	5th	10.18	Jordin Seekins	Javelin	136-3	7th (tie)	173-7
James Alaka	200m	20.71	7th	20.23	Ally Mueller	Javelin	136-3	7th (tie)	173-7
Angus Taylor	Hammer	201-0	7th	238-7	Taylor Nichols	Triple Jump	40-1 1/4	8th	41-7 3/4
Joe Zimmerman	Javelin	235-3	7th	249-6	Sarah Schireman	Heptathlon	4,623	8th	5,266
Jeremy Taiwo	110m Hurdles	14.22	8th	13.57	Logan Miller	Pole Vault	12-6 1/4	10th	14-2
Ryan Vu	Pole Vault	17-7 3/4	8th	18-6 1/2					
Jake Schmitt	5,000m	13:59.26	9th	13:40.61					

2010 UPDATES TO UW'S ALL-TIME INDOOR TRACK AND FIELD TOP-10 LISTS

Men					Women				
Name	Event	Mark	All-Time UW Rank	School Record	Name	Event	Mark	All-Time UW Rank	School Record
Colton Tully-Doyle	5,000m	13:48.86	1st	Same	Katie Follett	Mile	4:34.98	1st	Same
Colton Tully-Doyle	3,000m	7:56.67	2nd	7:54.13	Katie Follett	800m	2:07.80	2nd	2:06.69
Scott Roth	Pole Vault	18-9 1/4	2nd	19-0 1/4	Mel Lawrence	5,000m	16:11.82	2nd	16:09.26
Andrew Ferleman	Heptathlon	5,220	2nd	5,559	Kendra Schaaf	3,000m	9:20.53	3rd	9:08.50
Jake Vetter	Heptathlon	4,714	5th	5,559	Korede Oyetuga	Weight Throw	51-9	4th	65-8 3/4
James Alaka	60m	6.78	6th (tie)	6.55	Bianca Greene	200m	24.99	6th	24.22
Bryce Borer	Heptathlon	4,702	6th	5,559	Shanae Lakes	Triple Jump	39-10	6th	41-4 1/4
Max O'Donoghue-McDonald	Mile	4:05.30	7th	3:58.23	Lindsay Flanagan	5,000m	16:48.71	7th	16:09.26
Angus Taylor	Weight Throw	60-2	8th	71-5 1/2	Kelly Mudlo	Pole Vault	12-11 1/2	8th	14-3 1/2
Jeremy Lashinske	Heptathlon	4,634	8th	5,559	Lindsey Fleishman	Triple Jump	39-5 3/4	8th	41-4 1/4
Shayne Moore	60m Hurdles	8.15	9th	7.82	Logan Miller	Pole Vault	12-9 1/2	9th (tie)	14-3 1/2
Max O'Donoghue-McDonald	3,000m	8:06.83	10th	7:54.13	Lindsey Kirschman	Pentathlon	3,381	9th	3,915
					Johnson/Finley	DMR	11:37.79	10th	11:05.80
					Lightfoot/Follett				
					Sarah Schireman	Pentathlon	3,284	10th	3,915

Moore of Blaine, Wash. shows great promise in the short hurdles as made the Pac-10 final, taking sixth after a 14.69 PR in the prelims. James Cameron, UW's top freshman during the cross country season, capped off his indoor season with an excellent mile time of 4:06.99. Freshman walk-on Dan Sanders leads the team in the 400m hurdles with a time of 54.35, and Bryce Borer of Mercer Island cleared 16-feet in the vault indoors. Ally Mueller and Jordin Seekins, two rookie javelin throwers, have both tossed an identical 136-3, which ranks them seventh in UW history.

DEMPSEY INDOOR: Having just concluded its ninth season, Washington's Dempsey Indoor has solidified its reputation as one of the nation's top indoor competition venues. Dempsey Indoor has hosted dozens of Olympians and elite professionals; this year fans witnessed 2008 U.S. Olympians Nick Symmonds, Shannon Rowbury, Jesse Williams, Jen Rhines, Billy Nelson, Galen Rupp, and 2009 U.S. World Championship team members Chris Solinsky and Evan Jager. The Dempsey produces numerous top-10 world marks every year and has seen 31 UW indoor school records broken, and thousands of NCAA qualifying marks. The Dempsey got its first American and World Record this year when the Oregon Track Club distance medley relay clocked 9:21.77. Two-time U.S. 800m Champion Nick Symmonds led off, handing to Matt Scherer, then Tuler Mulder, and Will Leer to set the record. The Dempsey is also the annual host site of the MPSF Championships. The facility includes a permanent 307-meter MONDO track (six lanes on the straightaway, five on the oval) and a full 100-yard FieldTurf infield equipped to host the shot put, weight throw, long jump, triple jump, high jump and pole vault events. In addition to its competitive use, the building serves as an indoor practice facility for many UW teams. Following is a list of new facility records set during the 2010 season:

2010 Dempsey Indoor Records

Men's 60m	6.61, Ryan Bailey, Nike, 2/13/10
Men's 200m	20.84, Ryan Bailey, Nike, 2/13/10
Men's 800m	1:46.36, Andrew Wheating, Oregon, 2/13/10
Men's Mile	3:55.75, Chris Solinsky, Nike, 1/30/10
Men's 3,000m	7:47.52, David McNeill, Northern Arizona, 2/13/10
DMR*	9:21.77, Oregon Track Club, 2/12/10
Men's High Jump	7-7, Jesse Williams, Nike, 2/13/10
Women's 60m	7.30, Amber Purvis, Oregon, 2/27/10
Women's Mile	4:31.24, Charlotte Browning, Florida, 2/13/10
Women's High Jump	6-2 1/4, Elizabeth Patterson, Arizona, 2/27/10
	6-2 1/4, Brigetta Barrett, Arizona, 2/27/10

* World Record

2010 INDOOR IN REVIEW: Another indoor track season is in the books, with Washington serving once again as a focal point for the entire sport with the series of meets at the Dempsey Indoor. But the story of UW's indoor campaign begins with junior pole vaulter Scott Roth, who captured the first individual NCAA track title for the Huskies since 2007. Roth was undefeated all season, and turned in the best clearance by an American man this year when he cleared 18-9 1/4 to win the MPSF Championships. Roth won his first national title at the NCAA Indoor Championships in Fayetteville, Arkansas with a clearance of 18-4 1/4. His was one of three All-America honors achieved by the four Huskies that made it to Fayetteville. Senior Katie Follett had her best showing ever at a national meet, placing second in the mile run to earn her fourth indoor All-America honor. Sophomore Mel Lawrence was ninth in the 3,000-meter run to earn her first indoor honor. Junior Colton Tully-Doyle was one spot away from his first All-America award, as he took 12th in the 5,000-meter run. Roth's ten points helped the Husky men tie for 20th overall at NCAAs, while the women were in a tie for 28th. Follett and Tully-Doyle were the two record-setters indoors for the Dawgs. Follett smashed her own record in the mile, running 4:34.98 at the Husky Classic, while Tully-Doyle broke the school's 5k mark with a time of 13:48.86. All told, there were 26 new marks written into the UW indoor Top-10 list, and impressively, freshmen accounted for nine of them. The Dempsey again sent dozens if not hundreds of athletes to the NCAA Championships, as it dominated the descending order lists for every event from the mile to 5,000-meters. Looking at the Top-10 marks in the mile, 3,000m, and 5,000m, 20 of the 30 best times came from the Dempsey on the men's side, while 14 of the top-30 times on the women's side were posted on the Dempsey oval. At the MPSF Championships, the indoor conference meet for UW and many other Pac-10 squads, the Husky men took ninth while the women placed eighth. Roth won the pole vault title while Lawrence captured the 3k.

HEAD COACH GREG METCALF: Former Husky All-American Greg Metcalf is in the midst of his eighth season as head of Washington's track and field program, and his 13th year overall on the staff, and remains the driving force behind UW's rise to national prominence. Metcalf, also the head cross country coach, led the women's cross country team to the National Championship in 2008, the first team title for a UW track program. The women went undefeated and Metcalf earned Pac-10 and National Coach of the Year honors. This past fall the women were third at NCAAs and Metcalf repeated as the Pac-10's top coach. The men's cross country squad has also reached NCAAs in five of the past seven years with three Top-

UW Men's NCAA Champions

Year	Champion	Event	Mark
2010	Scott Roth	Pole Vault (I)	18-4 1/4
2007	Ryan Brown	800 Meters (I)	1:48.40
2006	Ryan Brown	800 Meters	1:46.29
2004	Brad Walker	Pole Vault (I)	18-8 1/4
2003	Brad Walker	Pole Vault (I)	19-0 1/4
1998	Ja'Warren Hooker	55-Meters (I)	6.13
1986	Mike Ramos	Decathlon	8,261 (meet record)
1979	Tom Sinclair	Javelin	261-3
	Scott Neilson	Hammer	237-3
	Scott Neilson	Weight Throw (I)	71-5 1/2
1978	Scott Neilson	Hammer	237-5
	Scott Neilson	Weight Throw (I)	68-7 3/4
1977	Scott Neilson	Hammer	228-4
	Scott Neilson	Weight Throw (I)	68-10 1/2
1976	Scott Neilson	Hammer	216-8
	Borys Chambul	Discus	202-3
1975	Keith Tinner/Jerry Belur/ Pablo Franco/Billy Hicks	Mile Relay	3:05.10
1971	Cary Feldman	Javelin	259-0
1963	Brian Sternberg	Pole Vault	16-3 3/4
1930	Steve Anderson	120y High Hurdles	14.4
	Paul Jessup	Discus	160-9 3/8
1929	Steve Anderson	220y Low Hurdles	23.5
	Ed Genung	880y Run	1:55.0
1928	Rufus Kiser	Mile	4:17.6
1927	Herman Brix	Shot Put	46-7 3/8
1925	Jim Charteris	880y Run	1:55.4
1921	Gus Pope	Shot Put	45-4 1/2
	Gus Pope	Discus	142-2 1/4

UW Women's NCAA Champions

Year	Champion	Event	Mark
2006	Amy Lia	1,500 Meters	4:14.63
2005	Kate Soma	Pole Vault	14-1 1/4
1988	Jennifer Ponath	Shot Put	54-4 1/2
1986	Helena Uusitalo	Javelin	193-1
1981*	Regina Joyce	3,000 Meters	9:00.20 (coll. record)

(I) - indicates indoor event

* - Prior to 1982, women competed in the Association of Intercollegiate Athletics for Women (AIAW), not the NCAA.

20 finishes since 2006. The track and field squads have also enjoyed a prolonged period of unprecedented success the past several years. The men have finished in the Top-25 at eight of the last nine NCAA Championship meets, including consecutive Top-10 indoor finishes in 2007 and 2008. At the 2009 NCAA Outdoor Championships, the men placed 20th while the women were 19th. At the end of the year, Washington was one of six programs to place both its men's and women's teams in the 2008-09 USTFCCA Program of the Year Top-10 standings, which measures combined NCAA Championship results across cross country, indoor, and outdoor track. Men's track also won the MPSF Championships in both 2006 and 2007, and Metcalf was named conference coach of the year on both occasions. The women have also had six Top-25 NCAA finishes since 2005, and sent three team members to the 2008 U.S. Olympic Trials in the 1500-meters. Husky track and field individuals in Metcalf's tenure have combined for seven NCAA titles, 17 Pac-10 crowns and 175 NCAA Championships appearances, while breaking school records on 73 separate occasions. In addition to their athletic prowess, Metcalf's teams have been among the brightest at a school renowned for its high academic standards. His teams are eight-time recipients of the USTFCCA All-Academic honor, including the men's team being named the 2008 Outdoor Scholar Team of the Year, and six UW individuals have earned Academic All-America. Washington is the second head coaching position for Metcalf, who served in 1996-97 as the head cross country and assistant track coach at Auburn University. A four-time Academic All-Pac-10 honoree at Washington, Metcalf earned All-American honors at the 1992 and 1993 NCAA Championships. His best collegiate mark of 8:41.17 ranks fourth all-time among Husky steeplers. He also was a steeple finalist in the 1996 U.S. Olympic Trials.

All-Time NCAA Championships Team Finishes

Men's Results (1921-)

Year	Champion	Pts.	UW Place	UW Pts.
2009	Texas A&M	48	20t	13
2008	Florida State	52	16	19.33
2007	Florida State	54	15t	16
2006	Florida State	67	22t	11
2005	Arkansas	60	—	—
2004	Arkansas	65.5	—	—
2003	Arkansas	59	—	—
2002	Louisiana State	64	30t	8
2001	Tennessee	50	33t	6
2000	Stanford	72	28t	8.5
1999	Arkansas	59	—	—
1998	Arkansas	58.5	23t	10
1997	Arkansas	55	—	—
1996	Arkansas	55	26t	12
1995	Arkansas	61.5	54t	4
1994	Arkansas	83	65t	2
1993	Arkansas	69	36t	7
1992	Arkansas	60	—	—
1991	Tennessee	51	58t	4
1990	Louisiana State	44	28t	10
1989	Louisiana State	53	51t	4
1988	UCLA	82	55	4
1987	UCLA	81	26	11
1986	SMU	53	26t	11
1985	Arkansas	61	15	16
1984	Oregon	113	42t	10
1983	SMU	104	18t	28
1982	UTEP	105	22t	23
1981	UTEP	70	30t	6
1980	UTEP	69	29	7
1979	UTEP	64	5t	28
1978	UTEP/UCLA	50	12	21
1977	Arizona State	64	15	11
1976	USC	64	7	28
1975	UTEP	55	10	17
1974	Tennessee	60	9t	18
1973	UCLA	52	—	—
1972	UCLA	82	6t	18
1971	UCLA	52	12t	14
1970	Oregon/Kansas/BYU	35	22t	9
1969	San Jose State	48	38t	3
1968	USC	58	13	12
1967	USC	86	38t	4
1966	UCLA	81	32t	6
1965	USC/Oregon	32	46t	3
1964	Oregon	70	29t	8
1963	USC	61	10	17
1962	Oregon	85	—	—
1961	USC	65	49t	1.4
1960	Kansas	50	—	—
1959	Kansas	73	28t	6.1
1958	USC	48 6/7	—	—
1957	Villanova	47	—	—
1956	UCLA	57.7	—	—
1955	USC	42	—	—
1954	USC	66 17/20	—	—
1953	USC	80	27t	5
1952	USC	66 7/12	—	—
1951	USC	56	25t	5
1950	USC	49	—	—
1949	USC	55.4	—	—
1948	Minnesota	46	—	—
1947	Illinois	59 2/3	30	5
1946	Illinois	78	16t	8
1945	Navy	62	—	—

Year	Champion	Pts.	UW Place	UW Pts.
1944	Illinois	79	—	—
1943	USC	46	8	17
1942	USC	85.5	26t	4
1941	USC	81.5	34	1
1940	USC	47	32t	2
1939	USC	86	—	—
1938	USC	67.75	—	—
1937	USC	62	—	—
1936	USC	103 1/3	—	—
1935	USC	74.2	26t	4
1934	Stanford	63	—	—
1933	LSU	58	38t	1
1932	Indiana	56	—	—
1931	USC	77	20t	8
1930	USC	55	2	40
1929	Ohio State	50	2	42
1928	Stanford	72	4	26
1927	Illinois	35	3	29
1926	USC	27	—	7
1925	Stanford	31	—	13.5
1924	No Meet Held			
1923	Michigan	29.5	15	5.5
1922	California	28.5	—	—
1921	Illinois	20.25	4	12.25

Women's Results (NCAA, 1982-)

Year	Champion	Pts.	UW Place	UW Pts.
2009	Texas A&M	50	19	14
2008	LSU	67	—	—
2007	Arizona State	60	59t	3
2006	Auburn	57	21t	12
2005	Texas	55	15t	17
2004	UCLA	69	18t	13
2003	Louisiana State	64	29t	9
2002	South Carolina	82	—	—
2001	USC	64	—	—
2000	Louisiana State	58	66t	1
1999	Texas	62	—	—
1998	Texas	60	29t	8
1997	Louisiana State	63	—	—
1996	Louisiana State	81	30	7
1995	Louisiana State	69	47t	3
1994	Louisiana State	86	63t	1
1993	Louisiana State	93	49t	2
1992	Louisiana State	87	—	—
1991	Louisiana State	78	54t	2
1990	Louisiana State	53	—	—
1989	Louisiana State	86	—	—
1988	Louisiana State	61	10	26
1987	Louisiana State	62	28t	8
1986	Texas	65	22	11.5
1985	Oregon	52	—	—
1984	Florida State	145	34t	12
1983	UCLA	116.5	17t	24
1982	UCLA	153	28	11

Women's Results, (AIAW, 1976-81)

Year	Champion	Pts.	UW Place	UW Pts.
1981	Tennessee	61	16	13
1980	CS Northridge	59	31	6
1979	CS Northridge	67	—	—
1978	CS Northridge	57	14t	10
1977	UCLA	86	12t	12
1976	Prairie View	60	30	4